

"by the book"  
4<sup>th</sup> Step Workshop

*Presented by the "We Are Not Saints" Group of Virginia Beach District 23  
with Gene G. and Sheila A.*

...next we launched on a course of vigorous action (pg. 63 BB)

Honesty (step 1), Hope (step 2), Faith (step 3)

Though our decision was a vital and crucial step, it could have little permanent effect unless at once followed by a strenuous effort to face and be rid of, the things in our selves which had been blocking us. Our liquor was but a symptom. So we had to get down to causes and conditions. (pg 64 BB)



**If you have a  
Big Book  
BRING IT!**

May 8, 2010 - Saturday  
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10am – 3pm  
*refreshments will be provided*

**Grace Bible Church  
2961 Shore Drive  
Virginia Beach, VA**



**MAKE  
A  
LIST!**



**FEARLESS  
INVENTORY!**



**HOPE  
OPEN-  
MIND**