

Sample Group Meeting Format # 1

1. Good Evening! This is the regular meeting of the _____ Group of Alcoholics Anonymous. My name is _____. I am an alcoholic and your Secretary.
2. This is an open meeting of Alcoholics Anonymous. We are glad you are all here - especially newcomers. In keeping with our singleness of purpose and our Third Tradition which states that "The only requirement for A.A. membership is a desire to stop drinking," we ask that all who participate confine their discussion to their problems with alcohol.
3. Let us open the meeting with a moment of silence to do with as you wish, followed by the Serenity Prayer.
God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.
4. Definition of Alcoholics Anonymous:
Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.
The only requirement for membership is an honest desire to stop drinking. There are no dues or fees for A.A. membership. We are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any cause. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.
5. Is there anyone present who is at his first A.A. meeting, or in his first 30 days of sobriety? If so, please introduce yourself. We ask this not to embarrass you but so that we may get to know you better.
6. Are there any visitors who are from outside the Sonoma County area? If so, would you please introduce yourself.
7. _____ has volunteered to read "How It Works", from Chapter 5 of the Big Book, Alcoholics Anonymous.
8. _____ has volunteered to read the short form of the "Twelve Traditions" of Alcoholics Anonymous.
9. If there are any court papers please bring them up now and they will be signed at the end of the meeting.

10. Tradition No. 7 states "Every A.A. group ought to be fully self-supporting, declining outside contributions." We will now pass the basket in honor of the 7th Tradition.
11. Are there any A.A. announcements?
12. At this time, I would like to introduce _____, who will be our Chairperson for today's meeting.
13. Ask the Chairperson if they have a topic and allow them to conduct the discussion.
14. CLOSING: The Group Secretary thanks the Chairperson as well as those members who participated in reading, newcomers and visitors, and those who are in service to this meeting.
15. Read any announcements left for Secretaries. Remind those at the meeting that books and literature are available.
16. Close the meeting with the Lord's Prayer.