

GREAT BRIDGE STEP STUDY GROUP OF ALCOHOLICS ANONYMOUS

PANEL SPEAKER MEETING

HOW TO PREVENT

RELAPSE

WEDNESDAY SEPTEMBER 26TH

St. Thomas Episcopal Church

233 Mann Drive

Chesapeake VA 23322

6-7pm Potluck Dinner

7-745pm

- I. What does AA suggest we do to stay stopped drinking?
- II. Why do alcoholics relapse?
- III. Multiple relapses: what can I do?

8-845pm

- I. What can I do to prevent relapse?
- II. Coming back to AA after a relapse
- III. How relapse can help me and others

This is an open AA event there is no charge for registration or attendance. ALL ARE WELCOME! Please feel free to bring a dish to share at the potluck dinner. Thank you.