

# The Galilee Group Presents

“By The Big Book”

## 4<sup>th</sup> Step Workshop

Workshop presented by  
The Galilean Group of  
Virginia Beach

**With Gene & Mary**

**Saturday Sept 21<sup>st</sup> from 10am – 3pm**

-If you have a Big Book  
**BRING IT!!!**

- Bring a pen and paper and  
an open mind!

“... next we launched on a course of vigorous action (pg. 63 BB)

HONESTY (step 1), HOPE (step 2), FAITH (step 3)

Though our decision was a vital and crucial step, it could have little permanent effect unless at once followed by a

Strenuous effort to face and be rid of, the things in our selves which had been blocking us.

Our liquor was but a Symptom. So we had to get down to causes and conditions.” (pg. 64 BB)

**Location: Galilee Church, 3928 Pacific Ave, Virginia Beach VA 23451**

Plenty of parking in the back!

Coffee and Donuts available. Lunch will be provided.

- 7 days without a meeting makes one weak
- If you let go and don't turn it over.... you'll be upside down.
- Not one of us has it all together, but together we have it all!
- You know you're an alcoholic when too much drink isn't enough.