

# *Gratitude Breakfast*

*November 5<sup>th</sup>, 2022*

*9:00AM - 12:00PM*

it is not happiness that makes  
us grateful, it's gratefulness  
that makes us happy.

*Brother David Steindl-Rast*

THECAREGIVERSPACE.org



*Ghent United Methodist Church*

*531 Raleigh Avenue*

*Norfolk, Virginia*

*23507*

*Food,*

*Fellowship,*

*Speakers*