

## Some Questions for the AA Member

- ② Are you honest with your doctor about your past drinking?
- ② Have you ever revealed your alcoholism to your doctor?
- ② Have you ever had a conversation with your doctor about AA and your membership?
- ② What would you tell them if you did?
- ② Have you given your doctor any AA materials?
- ② What did you give your doctor?
- ② Are you familiar with CPC materials at aa.org?
- ② Have you had a discussion with your sponsor or home group about how to do this?
- ② Is your next visit a good opportunity to help your doctor better understand AA?
- ② What concerns of yours may prevent you from talking with your doctor?

*Portions excerpted from the article "Doctor Call," Grapevine December 2022. Copyright AA Grapevine, Inc. Used by permission. All rights reserved.*

## AA Preamble ©

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Copyright © The AA Grapevine, Inc.  
Reprinted with permission

## Responsibility Statement

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

*The Responsibility Statement is reprinted with permission from Alcoholics Anonymous Worldwid Services, Inc.*



## A Conversation with your Doctor

OR HEALTH CARE PROFESSIONAL



Tidewater Intergroup  
CPC Committee  
757.490.3980  
tidewaterintergroup.org

## *Personal Statements to your Doctor*

- ” I am an alcoholic.
- ” I receive ongoing support by attending AA meetings.
- ” I am working the 12 steps of recovery.
- ” I am working with a sponsor.
- ” I am willing to answer questions regarding the program of Alcoholics Anonymous.



## *Questions for the Doctor*

- ② Have you heard of AA?
- ② What's your understanding of the program of Alcoholics Anonymous?
- ② What's your understanding of alcoholism?
- ② Have you ever treated alcoholics who have improved?
- ② What methods have you seen work long-term with alcoholics?
- ② Do you know how to connect a patient to AA?
- ② Have you read any AA literature for Healthcare professionals?

## *Actions to Offer*

- ② May I offer to be or provide a point of contact if you need one in the future?
- ② Would it be helpful to provide literature for you or your office?
- ② Would you be interested in attending an AA meeting?
- ” I'm available to tell my experience to anyone that would benefit.

