

AA

MEETING DIRECTORY

updated as of

July 2025

Tidewater Intergroup Council

4968 Euclid Road, Suite F

Virginia Beach VA 23462

E-Mail: ticharmony@tidewaterintergroup.org

24 Hour Phone Coverage at (757)-490-3980

EASY DOES IT CLUB 757- 461- 8159 AL-ANON 757- 499- 1443

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Written permission must be obtained
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757-490-3980 before copying this meeting directory.*

SERVICE MEETINGS

Any member of AA is welcome to attend any of the service meetings listed.

TIDEWATER INTERGROUP COUNCIL

7:30 PM Second Tuesday of every month

Easy Does It Service Center

1153 Harmony Road, Norfolk, VA

NORFOLK DISTRICT MEETING

7:30 PM First Tuesday of every month

Easy Does It Service Center

1153 Harmony Road, Norfolk, VA

VIRGINIA BEACH DISTRICT MTG

7:30 PM First Thursday of every month

Thalia United Methodist Church

4321 VA Beach Blvd., VA Beach, VA

OCEANFRONT DISTRICT MTG

6:30 PM Second Thursday of the month

Trinity Church Oceanfront

401 35th Street, VA Beach, VA

WESTERN TIDEWATER DIST MTG

7:00 PM Second Monday of the month

St. Christopher's Episcopal Church

3300 Cedar Lane, Portsmouth, VA

For Meeting Guide & Mobil App Updates Go To

www.tidewaterintergroup.org



Meeting Types

| | |
|-------|--------------------------|
| 12x12 | 12 Steps & 12 Traditions |
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| ABSI | As Bill Sees It |
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| AL-AN | Concurrent with Al-Anon |
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| B | Big Book |
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| BE | Newcomer |
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| C | Closed |
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| D | Discussion |
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| DR | Daily Reflections |
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| G | Gay |
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| GR | Grapevine |
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| LIT | Literature |
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| LS | Living Sober |
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| M | Men |
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| MED | Meditation |
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| O | Open |
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| SP | Speaker |
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| ST | Step Study |
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| TR | Tradition Study |
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| W | Women |
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| X | Wheelchair Access |
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| XB | Wheelchair-Accessible Bathroom |
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| Y | Young People |
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Sunday

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| 7:30 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 8 am | The Breakfast Club Potter's House, 1709 Pacific Ave, Virginia Beach, VA 23451, USA Virginia Beach | D, O, X |
| 10:45 am | Third Step Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | D, O |
| 11 am | Sunday Morning Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, O, X |
| 11 am | AA 101 Sentara Norfolk General Hospital, 600 Gresham Dr, Norfolk, VA 23507, USA Norfolk | BE, O |
| 11:30 am | Serenity Circle Thalia Lynn Baptist Church, 4392 Virginia Beach Blvd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 12:30 pm | We Believe Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | D, O, X, XB |
| 12:30 pm | NEW DAY GROUP Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 3 pm | The Welcome Group Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, O, X |
| 3 pm | Carrying The Message Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | B, O, ST, X |
| 3 pm | Live the Life You Love (Women) Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | D, O, W |
| 4 pm | Stepping Stones Holy Spirit Parish, 1396 Lynnhaven Pkwy, Virginia Beach, VA 23453, USA Virginia Beach | O, ST |
| 4:30 pm | Power Hour Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | LIT, O, X, XB |
| 4:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, M, O |
| 5 pm | Primary Purpose First Church of the Nazarene, 4413 Wishart Rd, Virginia Beach, VA 23455, USA Virginia Beach | B, O, X, XB |
| 5:30 pm | Big Book Chesapeake Agape Ministries, 4227 Bainbridge Blvd, Chesapeake, VA 23324, USA Chesapeake | B, O, TR |

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| 5:30 pm | United We Stand Bayview United Church of Christ, 1051 E Bayview Blvd, Norfolk, VA 23503, USA Norfolk | D, O |
| 6 pm | Oceanside Serenity Meeting on the Beach, 7900 Ocean Front Ave, Virginia Beach, VA 23451, USA Virginia Beach | D, O |
| 6 pm | We Are Not Saints Our Savior Lutheran Church, 4200 Shore Dr, Virginia Beach, VA 23455, USA Virginia Beach | 12x12, LIT, O, X |
| 6 pm | Sweet Sobriety Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | B, D, LS, O |
| 6 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | B, C, ST, W |
| 7 pm | Sunday Night Beginners Centerville Baptist Church, 914 Centerville Turnpike S, Chesapeake, VA 23322, USA Chesapeake | D, O, SP |
| 7 pm | Birchwood Gardens Emmanuel Lutheran Church, 3900 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | D, O |
| 7 pm | Depot Meeting Fred Heutte Center, 1000 Botetourt Gardens, Norfolk, VA 23507, USA Norfolk | D, MED, O |
| 7 pm | Friends of Bill Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | D, O |
| 7 pm | As Bill Sees It Holland United Church of Christ, 6733 S Quay Rd, Suffolk, VA 23437, USA Suffolk | C, D |
| 7:30 pm | Smithfield Discussion Group Sentara Building, 20209 Sentara Wy, Carrollton, VA 23314, USA Carrollton | D, O, X |
| 7:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | BE, D, O |
| 9:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |

Monday

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| 6 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | GR, O | 5:30 pm | Happy Hour Meeting First Lutheran Church, 1301 Colley Ave, Norfolk, VA 23517, USA Norfolk | O, ST |
| 6:30 am | Early Bird Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | D, LIT, O, X | 6 pm | Rush Hour Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | LIT, O, X |
| 7:30 am | Ready, Willing & Able Great Bridge United Methodist, 201 Stadium Dr, Chesapeake, VA 23322, USA Chesapeake | D, O, X | 6 pm | Primary Purpose First Church of the Nazarene, 4413 Wishart Rd, Virginia Beach, VA 23455, USA Virginia Beach | 12x12, O, X |
| 7:30 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O | 6 pm | Carrying the Message Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | ABSI, O, X |
| 8 am | The Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | D, O, X | 6 pm | Happy Hour Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | LIT, LS, O, X |
| 9:30 am | Oceanfront Brunch Bunch Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | LIT, O, X | 6 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 11:30 am | Monday Morning Women Light of Hope United Methodist Church, 208 S Plaza Trail, Virginia Beach, VA 23452, USA Virginia Beach | D, O, W, X | 6:30 pm | Expect A Miracle Centenary Methodist Church, 3312 Cedar Ln, Portsmouth, VA 23703, USA Portsmouth | B, O |
| 11:30 am | Side Door Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | D, O, X | 6:30 pm | Beginner's Big Book Ocean Lakes Church, 1200 Dam Neck Rd, Virginia Beach, VA 23454, USA Virginia Beach | B, O |
| Noon | Bayside 12 Step Study Bayside Presbyterian Church, 1400 Ewell Rd, Virginia Beach, VA 23455, USA Virginia Beach | C, ST, X | 6:30 pm | Unchained Tucker Swamp Baptist Church, 37527 Seacock Chapel Rd, Zuni, VA 23898, USA Zuni | 12x12, B, D, DR, O |
| Noon | Just For Today Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, O, X | 7 pm | Monday Night 12 & 12 Centerville Baptist Church, 914 Centerville Turnpike S, Chesapeake, VA 23322, USA Chesapeake | O, X |
| Noon | Cradock Oasis Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | 12x12, C, X | 7 pm | Indian River 12 Step Study (Hybrid) Emmanuel Episcopal Church, 5181 Singleton Way, Virginia Beach, VA 23462, USA Virginia Beach | AL-AN, O, ST, X |
| 12:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O | 7 pm | Simple Actions Group Ghent United Methodist Church, 531 Raleigh Ave, Norfolk, VA 23507, USA Norfolk | B, O, SP, ST |
| 1 pm | You Are Not Alone Eastern Shore Chapel, 2020 Laskin Rd, Virginia Beach, VA 23454, USA Virginia Beach | D, O, X | 7 pm | Next Frontier Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | LIT, O |
| 4 pm | New Day Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O | 7 pm | We Pocket Our Pride Grace Covenant Presbyterian Church, 2228 Princess Anne Rd, Virginia Beach, VA 23456, USA Virginia Beach | B, O |
| 4:30 pm | Power Hour Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | LS, O, X, XB | 7 pm | End Of The Line Knotts Island Methodist Church, 675 Knotts Island Rd, Knotts Island, NC 27950, USA Knotts Island | B, O |

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| 7 pm | Ocean View Speakers Miles Methodist Church, 9450 Granby St, Norfolk, VA 23503, USA Norfolk | O, SP, X |
| 7 pm | Happy Destiny St. Andrews Presbyterian Church, 1885 Bridge Rd, Suffolk, VA 23433, USA Suffolk | B, O |
| 7 pm | Pass It On St. Thomas Episcopal Church, 233 Mann Dr, Chesapeake, VA 23322, USA Chesapeake | AL-AN, O, SP, X |
| 7 pm | Oasis Wesley Grace United Methodist Church, 288 E Little Creek Rd, Norfolk, VA 23505, USA Norfolk | D, O, X |
| 8 pm | Small Shores (23454) All Saints Episcopal Church, 1969 Woodside Ln, Virginia Beach, VA 23454, USA Virginia Beach | AL-AN, C, D |
| 8 pm | Virginia Beach Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | B, O, ST, X |
| 8 pm | Monday Night Mens Holy Trinity Church, 154 W Government Ave, Norfolk, VA 23503, USA Norfolk | C, D, X |
| 8 pm | Larchmont 12 Step Study Larchmont Methodist Church, 1105 Jamestown Crescent, Norfolk, VA 23508, USA Norfolk | O, ST, X |
| 9:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |

Tuesday

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| 6 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | GR, O |
| 6:30 am | Early Bird Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | C, D, LIT, X |
| 7:30 am | Ready, Willing & Able Great Bridge United Methodist, 201 Stadium Dr, Chesapeake, VA 23322, USA Chesapeake | D, O, X |
| 7:30 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 8 am | The Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | D, O, X |
| 9:30 am | Oceanfront Brunch Bunch Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | B, LIT, O, X |
| 11 am | Friends of Bill W. (A.S.) Atlantic Shores, 1200 Atlantic Shores Dr, Virginia Beach, VA 23454, USA Virginia Beach | B, O, ST |
| 11:30 am | Great Bridge Beginners Great Bridge United Methodist, 201 Stadium Dr, Chesapeake, VA 23322, USA Chesapeake | BE, O, ST, X |
| 11:30 am | Side Door Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | D, LIT, O, X |
| Noon | Just For Today Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, O, X |
| Noon | Cradock Oasis Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | LIT, O |
| Noon | Ball In The Wall St. Paul's Episcopal Church, 201 St Pauls Blvd, Norfolk, VA 23510, USA Norfolk | D, O |
| 12:30 pm | Suffolk Study Group Westminster Reformed Presbyterian, 3488 Godwin Blvd, Suffolk, VA 23434, USA Suffolk | MED, O, X |
| 12:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 1 pm | You Are Not Alone Eastern Shore Chapel, 2020 Laskin Rd, Virginia Beach, VA 23454, USA Virginia Beach | B, O, X |
| 4 pm | New Day Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |

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| 4:30 pm | Power Hour Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | LS, O, X, XB | 7 pm | Indian River St Peters Episcopal Church, 224 S Military Hwy, Norfolk, VA 23502, USA Norfolk | D, O |
| 6 pm | Rush Hour Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, O, X | 7 pm | Sober At Seven St. Michaels Lutheran Church, 2208 Princess Anne Rd, Virginia Beach, VA 23456, USA Virginia Beach | D, O |
| 6 pm | Beginners Living Sober First Church of the Nazarene, 4413 Wishart Rd, Virginia Beach, VA 23455, USA Virginia Beach | LIT, LS, O | 7 pm | King's Grant St. Nicholas Catholic Church, 712 Little Neck Rd, Virginia Beach, VA 23452, USA Virginia Beach | 12x12, D, O, SP |
| 6 pm | Happy Hour Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | D, O, X | 7 pm | Magnolia Brown Bag Westminster Reformed Presbyterian, 3488 Godwin Blvd, Suffolk, VA 23434, USA Suffolk | D, DR, LIT, O, X |
| 6 pm | Free Thinkers Group Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | D, O | 7:30 pm | Atlantic Drydock Naval Hospital Complex, 1001 Holcomb Rd, Portsmouth, VA 23704, USA Portsmouth | BE, O, SP |
| 6 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O | 7:30 pm | Park Place Discussion Park Place Multi Center, 606 W 29th St, Norfolk, VA 23508, USA Norfolk | B, O |
| 6:30 pm | Next Step AA Family Life Center, 3172 Azalea Garden Rd, Norfolk, VA 23513, USA Norfolk | BE, O, X | 7:30 pm | Smithfield Sentara Building, 20209 Sentara Wy, Carrollton, VA 23314, USA Carrollton | D, O, X |
| 6:30 pm | Ladies By The Sea First Presbyterian Church, 303 36th St, Virginia Beach, VA 23451, USA Virginia Beach | O, ST, W | 7:30 pm | Half Measures St Andrews United Methodist Church, 717 Tucson Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, LIT, O, SP, X |
| 6:30 pm | Stockley Gardens Ladies Lit. Ghent United Methodist Church, 531 Raleigh Ave, Norfolk, VA 23507, USA Norfolk | B, C, W | 8 pm | ABC Group Azalea Baptist Church, 3314 E Little Creek Rd, Norfolk, VA 23518, USA Norfolk | B, C, ST |
| 7 pm | Great Bridge Big Book Study Apostle's Lutheran Church, 370 Johnstown Rd, Chesapeake, VA 23322, USA Chesapeake | B, O | 8 pm | Bayside Sharing Today Bayside Christian Church, 2224 Greenwell Rd, Virginia Beach, VA 23455, USA Virginia Beach | C, D, X |
| 7 pm | Unity Group Christ United Methodist Church, 1601 E Bayview Blvd, Norfolk, VA 23503, USA Norfolk | B, O | 8 pm | Into Action Glebe Episcopal Church, 4400 Nansemond Pkwy, Suffolk, VA 23435, USA Suffolk | 12x12, C, LIT |
| 7 pm | Franklin Franklin Baptist Church, 208 N High St, Franklin, VA 23851, USA Franklin | D, O | 8 pm | Yes We Can Moyock Baptist Church, 123 Oak St, Moyock, NC 27958, USA Moyock | D, O |
| 7 pm | Grupo Nuevo-Amanecer Harvest Assembly Church, 525 Kempsville Rd, Chesapeake, VA 23320, USA Chesapeake | D, O, X | 8 pm | Sandbridge Big Book Sandbridge Community Chapel, 3041 Sandpiper Rd, Virginia Beach, VA 23456, USA Virginia Beach | AL-AN, B, O, X |
| 7 pm | Principles Group Harvest Assembly Church, 525 Kempsville Rd, Chesapeake, VA 23320, USA Chesapeake | D, O | 8 pm | Mustard Seed Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | D, O, ST, X, XB |
| 7 pm | Many A Strange Camel Larchmont Methodist Church, 1105 Jamestown Crescent, Norfolk, VA 23508, USA Norfolk | B, C, M | 9:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 7 pm | Carrying the Message Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | O, X | | | |

Wednesday

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| 6 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | GR, O |
| 6:30 am | Early Bird Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | C, D, LIT, X |
| 7:30 am | Ready, Willing & Able Great Bridge United Methodist, 201 Stadium Dr, Chesapeake, VA 23322, USA Chesapeake | D, O, X |
| 7:30 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | O, ST, TR |
| 8 am | The Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | D, O, X |
| 9:30 am | Oceanfront Brunch Bunch Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | ABSI, D, LIT, O, X |
| 11:30 am | Side Door Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | 12x12, O, X |
| Noon | Oceana - Crash & Burn 330 D Avenue Building 803, Virginia Beach, VA 23460, USA Virginia Beach | D, O |
| Noon | Day by Day Bayside Presbyterian Church, 1400 Ewell Rd, Virginia Beach, VA 23455, USA Virginia Beach | D, O |
| Noon | Just For Today Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, O, X |
| Noon | Cradock Oasis Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | B, O, X |
| 12:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | O, ST, TR |
| 1 pm | You Are Not Alone Eastern Shore Chapel, 2020 Laskin Rd, Virginia Beach, VA 23454, USA Virginia Beach | D, O, X |
| 4 pm | New Day Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | 12x12, LIT, O, ST |
| 4:30 pm | Side Door Women's Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | O, W |

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| 4:30 pm | Power Hour Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | LS, O, X, XB |
| 5 pm | New Beginnings Triumph Community Church, 2214 Lafayette Blvd, Norfolk, VA 23509, USA Norfolk | O, ST |
| 6 pm | Rush Hour Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | O, ST, X |
| 6 pm | Living Sober Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | C, LIT, X |
| 6 pm | Happy Hour Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | BE, O, X |
| 6 pm | The Ripple Effect Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | LIT, O |
| 6 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | O, ST, TR |
| 6:30 pm | The Meeting Holy Trinity Church, 154 W Government Ave, Norfolk, VA 23503, USA Norfolk | LIT, O |
| 7 pm | The New Frontier Bayview United Church of Christ, 1051 E Bayview Blvd, Norfolk, VA 23503, USA Norfolk | LIT, O |
| 7 pm | Churchland Centenary Methodist Church, 3312 Cedar Ln, Portsmouth, VA 23703, USA Portsmouth | C, D, X |
| 7 pm | Battlefield Church of St. Stephen the Martyr, 1544 S Battlefield Blvd, Chesapeake, VA 23322, USA Chesapeake | D, O, X |
| 7 pm | Princess Anne Men's Group Emmanuel Episcopal Church, 5181 Singleton Way, Virginia Beach, VA 23462, USA Virginia Beach | C, D, M |
| 7 pm | Aragona First Church of the Nazarene, 4413 Wishart Rd, Virginia Beach, VA 23455, USA Virginia Beach | C, D |
| 7 pm | Galileans Galilee Episcopal Church, 3928 Pacific Ave, Virginia Beach, VA 23451, USA Virginia Beach | B, BE, C, D, X |
| 7 pm | Norview 12 & 12 Norview United Methodist Church, 1112 Norview Ave, Norfolk, VA 23513, USA Norfolk | O, ST |
| 7 pm | The Great Bridge Step Study Group St. Thomas Episcopal Church, 233 Mann Dr, Chesapeake, VA 23322, USA Chesapeake | O, ST |

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| 7 pm | Surf's Up Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | B, D, O |
| 7 pm | Sussex-Surry New Hope (23888) Wakefield Foundation, 100 Wilson Ave, Wakefield, VA 23888, USA Wakefield | D, O |
| 7:30 pm | Gracious Living Benns United Methodist Church, 14571 Benns Church Blvd, Smithfield, VA 23430, USA Smithfield | 12x12, O |
| 7:30 pm | Deep Creek Serenity Deep Creek United Methodist Church, 141 George Washington Hwy N, Chesapeake, VA 23323, USA Chesapeake | D, O, ST, X |
| 8 pm | Rebos Koffee Klatch Azalea Baptist Church, 3314 E Little Creek Rd, Norfolk, VA 23518, USA Norfolk | C, D |
| 8 pm | Suffolk Southside Main Street United Methodist Church, 202 N Main St, Suffolk, VA 23434, USA Suffolk | AL-AN, D, O |
| 8 pm | West Ghent St Andrews Episcopal Church Hall, 1009 W Princess Anne Rd, Norfolk, VA 23507, USA Norfolk | D, LIT, O |
| 8 pm | Court House St. John's Baptist Church, 2300 Holland Rd, Virginia Beach, VA 23453, USA Virginia Beach | GR, O, X, XB |
| 9:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | O, ST |

Thursday

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| 6 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | GR, O |
| 6:30 am | Early Bird Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | C, D, LIT, X |
| 7:30 am | Ready, Willing & Able Great Bridge United Methodist, 201 Stadium Dr, Chesapeake, VA 23322, USA Chesapeake | D, O, X |
| 7:30 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 8 am | The Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | D, O, X |
| 9:30 am | Oceanfront Brunch Bunch Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | 12x12, D, LIT, O, ST, X |
| 11:30 am | Thursday Morning Serenity Group Great Bridge United Methodist, 201 Stadium Dr, Chesapeake, VA 23322, USA Chesapeake | D, O, X |
| 11:30 am | Side Door Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | B, D, O, X |
| Noon | Just For Today Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, O, X |
| Noon | Cradock Oasis Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | ABSI, O |
| Noon | Ball In The Wall St. Paul's Episcopal Church, 201 St Pauls Blvd, Norfolk, VA 23510, USA Norfolk | D, O |
| Noon | Friends of Bill W. at Noon Westminster Reformed Presbyterian, 3488 Godwin Blvd, Suffolk, VA 23434, USA Suffolk | ABSI, D, O, X |
| 12:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 1 pm | You Are Not Alone Eastern Shore Chapel, 2020 Laskin Rd, Virginia Beach, VA 23454, USA Virginia Beach | O, ST, TR, X |
| 1 pm | Sisters in Sobriety Emmanuel Episcopal Church, 5181 Singleton Way, Virginia Beach, VA 23462, USA Virginia Beach | D, O, W |

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| 4 pm | New Day Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O | 7 pm | Living Sober Franklin Baptist Church, 208 N High St, Franklin, VA 23851, USA Franklin | LS, O |
| 4:30 pm | Power Hour Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | LIT, O, X, XB | 7 pm | Way of Life Holy Trinity Church, 154 W Government Ave, Norfolk, VA 23503, USA Norfolk | D, O, X |
| 5:30 pm | 49th St Living Sober Tidewater Wesley Foundation, Wesley House, 1338 W 49th St, Norfolk, VA 23508, USA Norfolk | D, LIT, O | 7 pm | Third Door on the Left Kings Grant Presbyterian Church, 745 Little Neck Rd, Virginia Beach, VA 23452, USA Virginia Beach | B, LIT, O, X |
| 6 pm | Rush Hour Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, O, X | 7 pm | Carrying The Message Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | D, O, X |
| 6 pm | Beginners Living Sober First Church of the Nazarene, 4413 Wishart Rd, Virginia Beach, VA 23455, USA Virginia Beach | B, BE, O | 7 pm | Came To Believe Woman's Meeting St. Thomas Episcopal Church, 233 Mann Dr, Chesapeake, VA 23322, USA Chesapeake | B, LIT, O, W |
| 6 pm | Women In Ghent First Lutheran Church, 1301 Colley Ave, Norfolk, VA 23517, USA Norfolk | D, O, W | 7 pm | Nimmo Pkwy Group Virginia Beach Beacon Baptist Church, 2301 Newstead Dr, Virginia Beach, VA 23454, USA Virginia Beach | ABSI, LIT, O, X |
| 6 pm | Happy Hour Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | LIT, O, X | 7 pm | Friends of Bill W Westminster Reformed Presbyterian, 3488 Godwin Blvd, Suffolk, VA 23434, USA Suffolk | LIT, O, X |
| 6 pm | Ladies Lotus Group Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | LIT, O | 7:30 pm | Came to Believe Healing Waters Worship Center, 12172 Smiths Neck Rd, Carrollton, VA 23314, USA Carrollton | D, O |
| 6 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O | 8 pm | Downtown Young & Sober Freemason Street Baptist Church, 400 E Freemason St, Norfolk, VA 23510, USA Norfolk | B, O, X, XB, Y |
| 6:30 pm | No Middle Of The Road Solution Bayside Presbyterian Church, 1400 Ewell Rd, Virginia Beach, VA 23455, USA Virginia Beach | B, D, LIT, O, X | 8 pm | Joys of Recovery Grace Lutheran Church, 521 Providence Rd, Chesapeake, VA 23325, USA Chesapeake | BE, O, X |
| 6:30 pm | The Sundowners First Presbyterian Church, 303 36th St, Virginia Beach, VA 23451, USA Virginia Beach | O, ST | 8 pm | Plaza Group St Francis Episcopal Church, 509 S Rosemont Rd, Virginia Beach, VA 23452, USA Virginia Beach | D, O |
| 6:30 pm | Mount Trashmore Beginner's Group of AA Global Outreach Church, 333 Edwin Dr, Virginia Beach, VA 23462, USA Virginia Beach | B, BE, O, ST | 8 pm | Roosevelt Gardens The Gardens United Methodist Church, 2709 Greendale Ave, Norfolk, VA 23518, USA Norfolk | AL-AN, C, D |
| 6:30 pm | Circle of Serenity Great Bridge United Methodist, 201 Stadium Dr, Chesapeake, VA 23322, USA Chesapeake | D, O, X | 9:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 7 pm | Oceanview Step By Step Advent Episcopal Church, 9629 Norfolk Ave, Norfolk, VA 23503, USA Norfolk | O, ST, X | | | |
| 7 pm | Oceanfront Thursday Men's First Baptist Church of Virginia Beach (Not Meeting Jan 18 due to Church function), 401 35th St, Virginia Beach, VA 23451, USA Virginia Beach | D, O, SP | | | |

Friday

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| 6 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | GR, O |
| 6:30 am | Early Bird Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | C, D, LIT, X |
| 7:30 am | Ready, Willing & Able Great Bridge United Methodist, 201 Stadium Dr, Chesapeake, VA 23322, USA Chesapeake | D, O, X |
| 7:30 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | B, O |
| 8 am | The Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | D, O, X |
| 9:30 am | Oceanfront Brunch Bunch Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | D, LIT, LS, O, X |
| 11:30 am | Side Door Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | D, O, X |
| Noon | Friday Nooners Christ and Saint Luke's Episcopal Church, 560 W Olney Rd, Norfolk, VA 23507, USA Norfolk | ABSI, O |
| Noon | Just For Today Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | ABSI, LIT, O, X |
| Noon | Cradock Oasis Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | D, O, X |
| 12:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | B, O |
| 1 pm | You Are Not Alone Eastern Shore Chapel, 2020 Laskin Rd, Virginia Beach, VA 23454, USA Virginia Beach | D, O, X |
| 4 pm | New Day Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | B, LIT, O |
| 4:30 pm | Power Hour Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | LIT, O, X, XB |
| 6 pm | Rush Hour Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | LIT, O, SP, X |
| 6 pm | Carrying the Message Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | 12x12, C, W, X |

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| 6 pm | Happy Hour Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | D, O, X |
| 6 pm | Heart Works Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | C, LIT, W |
| 6 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | B, O |
| 6:30 pm | Friday Night Speaker Old Donation Episcopal Church (Social Hall), 4449 N Witchduck Rd, Virginia Beach, VA 23455, USA Virginia Beach | AL-AN, D, O, SP, X |
| 7 pm | Nothing Changes If Nothing Changes Advent Episcopal Church, 9629 Norfolk Ave, Norfolk, VA 23503, USA Norfolk | B, O |
| 7 pm | Emotional Sobriety Great Bridge Presbyterian Church, 333 Cedar Rd, Chesapeake, VA 23322, USA Chesapeake | GR, O |
| 7 pm | Ladies Night Out Holy Trinity Church, 154 W Government Ave, Norfolk, VA 23503, USA Norfolk | LIT, O, W |
| 7 pm | Lifeline St. Timothy Lutheran Church, 1051 Kempsville Rd, Norfolk, VA 23502, USA Norfolk | B, O, X |
| 7 pm | Oasis Wesley Grace United Methodist Church, 288 E Little Creek Rd, Norfolk, VA 23505, USA Norfolk | D, O |
| 7:30 pm | Friday Night Women Benns United Methodist Church, 14571 Benns Church Blvd, Smithfield, VA 23430, USA Smithfield | C, D, W, X |
| 7:30 pm | Friday Night Big Book Hickory Ridge Community Church, 3320 S Battlefield Blvd, Chesapeake, VA 23322, USA Chesapeake | B, LIT, O |
| 7:30 pm | High Street St John's Episcopal Church, 424 Washington St, Portsmouth, VA 23704, USA Portsmouth | D, O |
| 8 pm | Baylake Pines 12 and 12 Baylake United Methodist Church, 4300 Shore Dr, Virginia Beach, VA 23455, USA Virginia Beach | C, ST |
| 8 pm | Candlelight First Lutheran Church, 1301 Colley Ave, Norfolk, VA 23517, USA Norfolk | D, O |
| 8 pm | Into Action Glebe Episcopal Church, 4400 Nansemond Pkwy, Suffolk, VA 23435, USA Suffolk | O, SP |

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| 8 pm | Friday Night Oceanfront Potter's House, 1709 Pacific Ave, Virginia Beach, VA 23451, USA Virginia Beach | D, O, SP |
| 8 pm | Suffolk Discussion (23434) St. Paul's Episcopal Church, 213 N Main St, Suffolk, VA 23434, USA Suffolk | AL-AN, D, O |
| 8:30 pm | Witchduck Old Donation Episcopal Church (Social Hall), 4449 N Witchduck Rd, Virginia Beach, VA 23455, USA Virginia Beach | C, D, X |
| 8:30 pm | Town and Country (23452) St Francis Episcopal Church, 509 S Rosemont Rd, Virginia Beach, VA 23452, USA Virginia Beach | D, O, X |
| 9:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | B, O |

Saturday

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| 6:30 am | Early Bird Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | C, D, LIT, X |
| 7:30 am | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 8 am | Strange Camels Men's Meeting Benns United Methodist Church, 14571 Benns Church Blvd, Smithfield, VA 23430, USA Smithfield | C, D, M, X |
| 8 am | The Breakfast Club Good Shepherd Lutheran Church, 1489 Laskin Rd, Virginia Beach, VA 23451, USA Virginia Beach | D, O, X |
| 8:30 am | Willoughby Advent Episcopal Church, 9629 Norfolk Ave, Norfolk, VA 23503, USA Norfolk | O, ST |
| 9 am | Bring Your Own Coffee Church of St. Stephen the Martyr, 1544 S Battlefield Blvd, Chesapeake, VA 23322, USA Chesapeake | BE, O, SP, ST |
| 9 am | High Tide Group Church of the Good Shepherd, 7400 Hampton Blvd, Norfolk, VA 23505, USA Norfolk | 12x12, LIT, O, TR |
| 9 am | The Easy Chair Westminster Reformed Presbyterian, 3488 Godwin Blvd, Suffolk, VA 23434, USA Suffolk | B, C, ST, X |
| 9:30 am | Saturday Morning Brunch Bunch Old Donation Episcopal Church (Social Hall), 4449 N Witchduck Rd, Virginia Beach, VA 23455, USA Virginia Beach | D, O, X |
| 9:30 am | Good Ole Boys Scout Cabin, 3605 Winchester Dr, Portsmouth, VA 23707, USA Portsmouth | C, D, M, X |
| 9:30 am | 11th Step Group Virginia Beach Christian Church, 2225 Rose Hall Dr, Virginia Beach, VA 23454, USA Virginia Beach | D, O, X |
| 9:30 am | Surf's Up Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | 12x12, LIT, O, ST, X |
| 10 am | Mayflower Big Book Group Moyock United Methodist Church, 268 Caratoke Hwy, Moyock, NC 27958, USA Moyock | B, O |
| 10 am | Suffolk Women's Group West End Baptist Church, 501 W Washington St, Suffolk, VA 23434, USA Suffolk | D, O, W |
| 10 am | Women's New Beginnings West Park Church of Christ, 926 Cherokee Rd, Portsmouth, VA 23701, USA Portsmouth | B, D, O, SP, ST, W, X |

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| 11 am | The Ripple Effect Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | D, O, X | 7 pm | Saturday Night Men's St. Thomas Episcopal Church, 233 Mann Dr, Chesapeake, VA 23322, USA Chesapeake | B, D, M, O |
| Noon | Just For Today Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, O, X | 7 pm | Bayview Talbot Park Baptist Church, 6919 Granby St, Norfolk, VA 23505, USA Norfolk | AL-AN, B, BE, D, O, ST, X |
| 12:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O | 7 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | BE, LIT, O, SP |
| 3 pm | Saturday Women Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, O, W | 8 pm | AA Saturday Night Main Street United Methodist Church, 202 N Main St, Suffolk, VA 23434, USA Suffolk | D, O |
| 4:30 pm | Power Hour Virginia Beach Recovery Club, 1900 Baltic Ave, Virginia Beach, VA 23451, USA Virginia Beach | LIT, O, X, XB | 8 pm | Round Table St. Timothy Lutheran Church, 1051 Kempsville Rd, Norfolk, VA 23502, USA Norfolk | C, D |
| 5 pm | Saturday Men's Easy Does It Service Center, 1153 Harmony Rd, Norfolk, VA 23502, USA Norfolk | D, M, O | 8 pm | Prime Time Thalia United Methodist Church, 4321 Virginia Beach Blvd, Virginia Beach, VA 23452, USA Virginia Beach | D, O, X |
| 5 pm | Primary Purpose First Church of the Nazarene, 4413 Wishart Rd, Virginia Beach, VA 23455, USA Virginia Beach | B, O, X | 9:30 pm | New Day Group Woodtide Shopping Center, 4672 Princess Anne Rd, Virginia Beach, VA 23462, USA Virginia Beach | D, O |
| 5 pm | Grupo Solo Por Hoy Saint Gregory the Great Catholic Church, 5345 Virginia Beach Blvd, Virginia Beach, VA 23462, USA Virginia Beach | D, O, X | | | |
| 6 pm | We Are Not Saints Our Savior Lutheran Church, 4200 Shore Dr, Virginia Beach, VA 23455, USA Virginia Beach | B, O | | | |
| 6:30 pm | Cradock Study Group Bon Secours Medical Building, 4700 George Washington Hwy, Portsmouth, VA 23702, USA Portsmouth | D, O | | | |
| 6:30 pm | Cradock Study Group Bon Secours Medical Building, 4700 George Washington Hwy, Portsmouth, VA 23702, USA Portsmouth | D, O | | | |
| 6:30 pm | The Family Room Emmanuel Episcopal Church, 5181 Singleton Way, Virginia Beach, VA 23462, USA Virginia Beach | C, D, G | | | |
| 7 pm | Saturday Night Special Centerville Baptist Church, 914 Centerville Turnpike S, Chesapeake, VA 23322, USA Chesapeake | ABSI, BE, O, X | | | |
| 7 pm | Cornerstone FPC Center for Prayer and Spiritual Growth, 800 Colonial Ave, Norfolk, VA 23507, USA Norfolk | B, O | | | |
| 7 pm | Galileans Galilee Episcopal Church, 3928 Pacific Ave, Virginia Beach, VA 23451, USA Virginia Beach | AL-AN, BE, O, SP, X | | | |

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